

## IST 2025 Itinerary Overview

\*Itinerary is a draft and subject to change\*

### Sunday, June 8, 2025

- Depart from DIA
  - ALL: LH 481 Denver → Munich 4:15pm – 9:50am
  - Group 1: LH 1614 Munich → Warsaw 2:45pm – 4:15pm
  - Group 2: LH 1612 Munich → Warsaw 11:00am – 12:30pm

### Monday, June 9, 2025

- Group 2: Arrive in Warsaw at 12:30pm
- Group 1: Arrive in Warsaw at 4:15pm
- Meet Israeli Staff & Explore Warsaw
- OVERNIGHT: Radisson Blu Sobieski, Warsaw

### Tuesday, June 10, 2025

- Introduction to Poland/IST Programming
- Warsaw Tour: Cemetery, Noyzk Synagogue, Ghetto, Rappaport Memorial
- Old Town Warsaw
- OVERNIGHT: Radisson Blu Sobieski, Warsaw

### Wednesday, June 11, 2025

- Drive from Warsaw to Lublin
- Majdanek Concentration Camp
- Walking Tour of Lublin
- OVERNIGHT: Focus Premium Hotel, Lublin

### Thursday, June 12, 2025

- Drive from Lublin to Krakow
- Lancut Castle & Synagogue
- Zbylitowska Gora Mass Grave Memorial
- OVERNIGHT: Wilga Hotel, Krakow

### Friday, June 13, 2025

- Auschwitz I & Auschwitz II – Birkenau
- Kabbalat Shabbat in Krakow Jewish Quarter
- OVERNIGHT: Wilga Hotel, Krakow

### Saturday, June 14, 2025

- Walking Tour of Krakow Jewish Quarter
- Visit JCC Krakow
- Krakow Town Square & Wawel Castle
- OVERNIGHT: Wilga Hotel, Krakow

**Sunday, June 15, 2025**

- Travel day from Poland to Israel
  - W6 2097 Krakow → Tel Aviv 5:40am – 10:20am
- Haas Promenade Overlook and intro to Israel
- OVERNIGHT: Tzuba, Jerusalem Hills

**Monday, June 16, 2025**

- Old City and explore the Jewish Quarter, includes Church of Holy Sepulcher
- Kotel – The Western Wall and Kotel Tunnel tour
- Hezekiah's Tunnel
- Geopolitical Speaker at Hotel
- OVERNIGHT: Tzuba, Jerusalem Hills

**Tuesday, June 17, 2025**

- Neot Kedumim Biblical Park: tree-planting ceremony, a shepherding experience, a fresh pita-baking experience
- Dig-for-a-Day Archaeological Seminar at Beit Guvrin National Park
- Head south to the Negev Desert – Wilderness Experience
- OVERNIGHT: Camping BaMidbar - Negev Desert

**Wednesday, June 18, 2025**

- Hike Ein Avdat
- Lunch and Pool time
- Yerucham: Moroccan tile art project followed by a home-cooked dinner
- OVERNIGHT: Mashabim, Negev Desert

**Thursday, June 19, 2025**

- Travel to the communities near the Gaza border: Sderot, Kfar Aza, Nova Festival Site
- BBQ Dinner in Ramat HaNegev
- OVERNIGHT: Mashabim, Negev Desert

**Friday, June 20, 2025**

- Ramat HaNegev Partnership Day
- Head south to the Arava Valley via the Ramon Crater
- Kabbalat Shabbat at Kibbutz Ketura
- OVERNIGHT: Ketura, Arava Valley

**Saturday, June 21, 2025**

- Shabbat on Kibbutz with IST Programming
- Free time for sports and pool time
- Afternoon educational activity with Ketura

- Havdalah and Group Night Out
- OVERNIGHT: Ketura, Arava Valley

**Sunday, June 22, 2025**

- Snorkeling activity at Coral Beach National Park + beach time
- Cruise with water slides in the Red Sea
- OVERNIGHT: Ketura, Arava Valley

**Monday, June 23, 2025**

- Mitzpe Ramon Nature Walk
- *Ramat HaNegev teens join the group*
- Cross-cultural immersive visit in the Bedouin town of Rahat
- Camel riding and Bedouin experience in Kfar Hanokdim
- OVERNIGHT: Kfar Hanokdim Encampment, Judean Desert

**Tuesday, June 24, 2025**

- Pre-sunrise hike up the Roman Ramp to the summit of Masada: Tour & descend Masada via the Snake Path
- Dead Sea Floating
- Drive North to Upper Galilee
- OVERNIGHT: Ayelet HaShachar, Upper Galilee

**Wednesday, June 25, 2025**

- Rappelling at Dalton Cliffs in the Galilee highlands
- Tzfat tour & meet Kabbalistic Artists
- OVERNIGHT: Ayelet HaShachar, Upper Galilee

**Thursday, June 26, 2025**

- Morning hike to Nahal Yehudiyah + Swimming
- Talmudic village of Katzrin on the Golan Heights
- Mt Ben-Tal: View of Israel's Northern borders
- Druze culture and a traditional meal in the Golan village of Ein Kinya
- OVERNIGHT: Ayelet HaShachar, Upper Galilee

**Friday, June 27, 2025**

- Bike riding in the Hula Valley Nature Reserve
- Kibbutz Misgav Am: Perspectives along Israel's border with Lebanon
- Water Sports in Tiberias
- Kabbalat Shabbat at Hotel
- OVERNIGHT: Ayelet HaShachar, Upper Galilee

**Saturday, June 28, 2025**

- Shabbat programming
- Sports, swimming, and free time
- Evening Cruise on the Sea of Galilee
- OVERNIGHT: Ayelet HaShachar, Upper Galilee

#### **Sunday, June 29, 2025**

- Aquakef –inflatable adventure park on the Sea of Galilee
- Kinneret Cemetery
- Chocolate making class at Kibbutz Degania Bet
- Travel in the highlands of Israel's north to begin our Galilee Trek
- OVERNIGHT: Camping - Galilee

#### **Monday, June 30, 2025**

- *Galilee Trek Day*
- OVERNIGHT: Camping - Galilee

#### **Tuesday, July 1, 2025**

- Wrap up our Galilee Trek in the late morning
- *Ramat Hanegev Teens leave the group*
- Beach time on the Mediterranean Coast
- Rosh Hanikrah
- OVERNIGHT: Eilon, Western Galilee

#### **Wednesday, July 2, 2025**

- Volunteering day in the Galilee
- Keshet Arch Nature Walk
- OVERNIGHT: Eilon, Western Galilee

#### **Thursday, July 3, 2025**

- Bahai Temple Gardens, Haifa
- Meeting with the Imam of the Ahmadiyya Mosque
- Explore Acco: Seaport, Templar Tunnels, and Tunisian Synagogue
- OVERNIGHT: Eilon, Western Galilee

#### **Friday, July 4, 2025**

- Tour of Caesarea – Herod's grand palace and amphitheater on the beach
- Carmel Market & Nahalat Binyamin Shopping
- *Host Family Weekend Pick Up in Tel Aviv (location TBD)*
- Kabbalat Shabbat at Hotel
- OVERNIGHT: Ruth Daniel, Tel Aviv-Jaffa

#### **Saturday, July 5, 2025**

- Yoga and mindfulness activity with Cat Korren
- Beach time in Tel Aviv
- Tour and Graffiti Art Walk of Tel Aviv's Florentine neighborhood
- Ice Cream in Jaffa
- OVERNIGHT: Ruth Daniel, Tel Aviv-Jaffa

#### **Sunday, July 6, 2025**

- *Host Family Weekend Drop Off (Ruth Daniel Hotel)*
- Peres Center for Peace and Innovation
- Tour port city of Jaffa, and Jaffa flea market
- Volunteer at the Jaffa Institute – An innovative charity dedicated to combating poverty
- Volunteer at Chasdei Naomi – Packing Food/School Bags
- Surfing and Tel Aviv beach time
- OVERNIGHT: Ruth Daniel, Tel Aviv-Jaffa

#### **Monday, July 7, 2025**

- Leket – Volunteer project harvesting fresh vegetables for the hungry of Israel
- Machon Ayalon Tour
- Experience the thrill of wakeboarding at Lake TL
- OVERNIGHT: Ruth Daniel, Tel Aviv-Jaffa

#### **Tuesday, July 8, 2025**

- Israeli martial arts workshop at the Wingate Institute for Sports Excellence
- Shefayim water park
- ANU: the Museum of the Jewish People
- Jewish Ethiopian culture at the Battae Center – Cooking class and dinner
- OVERNIGHT: Ruth Daniel, Tel Aviv-Jaffa

#### **Wednesday, July 9, 2025**

- Roots Tent experience in Gush Etzion (meet with Jewish Settler and Palestinian)
- Ziplining at Deerpark
- Meet with Tamir Goodman
- Movie night at Cinema City
- OVERNIGHT: Caesar, Jerusalem

#### **Thursday, July 10, 2025**

- Mt. Herzl National Cemetery
- Mahane Yehuda market
- Maale Film School
- Maccabiah Opening Ceremony
- OVERNIGHT: Caesar, Jerusalem

**Friday, July 11, 2025**

- Yad VaShem Holocaust Remembrance Center
- Meet with two-state solution peace activist
- Kabbalat Shabbat at the Western Wall followed by Shabbat dinner in the Old City
- Walk back to the hotel
- OVERNIGHT: Caesar, Jerusalem

**Saturday, July 12, 2025**

- Shabbat programming
- Pool, park, and wrap up programs
- IST Talent Show and closing circle
- OVERNIGHT: Caesar, Jerusalem

**Sunday, July 13, 2025**

- Depart from Israel
  - LH 691 Tel Aviv → Frankfurt 4:45am – 8:20am
  - LH 446 Frankfurt → Denver 1:30pm – 3:40pm